

Lifestyle and Healthy Ageing - 1

Each group has one hour, of which 30 minutes for the presentation, 15 minutes for receiving feedback and 15 minutes for exit time (uitlooptijd).

Time	Project	Tutor	Client
10:00 – 11:00	Get moving 2.0*	R. Evering	N. van der Voort
11:00 – 12:00	Healthy ageing in a healthy living environment	N. van der Voort	K. Tanja
12:00 – 13:00	Meaningful activities for Turkish elderly – a community based approach	Y. Kerkhof	K. Tanja



Get moving 2.0:

During the Symposium we as group Get moving 2.0 want to show multiple things to the other students of the cluster. We want to focus mainly on our end products, but we also want to show them the way how we came up with these end products. So, tell them somethings about or literature review, or surveys and test phase.

We have four end products, an app, a prototype, an implementation plan and a research report. In the prototype you can find all the ideas we want to put in the app. It wasn't possible to put those ideas in the app because the lack of time and lack of IT skills. The app is not able to be download yet, so we will show that through a video. After we show our prototype and app, we want to ask the other students for feedback and their opinion, so we can make adjustments based on their feedback or make recommendations for the next group.

Meaningful activities for Turkish elderly – a community based approach:

During the symposium we will discuss which steps we have taken to arrive at a suitable product to improve the social participation of Turkish elderly people. Our presentation will consist of a timeline of our project, explanation of our intervention, and an interactive demonstration of our intervention. We will conclude with a reflection on our research and our collaboration.

The future
is here

