

## Design for Health and Wellbeing

Together with our teams we have been diligently working for the past 5 months to come up with a modern solution for a modern problem. The projects covered are as follows:

### SERENE SPACE PHASE 2

In our project we have to create an interactive hallway for Aveleijn de Wielewaal. Because of the coronavirus we moved to Aveleijn de Schors. Phase 1 of the project has asked out all the wishes and needs of the cliënts from Aveleijn de Wielewaal. In phase 2 we have find out which technological and non-technological interventions will fit in the hallway. Those interventions are we going to test with the cliënts. If we have tested all the interventions we are going to implement the ones who fit in the best.

### DIGITAL GUIDE TO STIMULATE TECHNOLOGY IN CHRONIC CARE

Creating a platform with technology fitting to the healthcare. The platform is built for healthcare workers and gives them input to use more technology in the healthcare.

### DESIGN AN APP FOR STUDENTS

Psychological wellness has been a growing issue for students all over the country. Get Together, a concept designed by a group of students, is a way to prevent one of these psychological issues. By using a social application student that are in need of friendship can find other like minded students and meet up. They can use the application to join activities with those newly met friends or make new friends during the activities, both on- and offline. Get together, the new way to make friends!

### EXPRESSURE 2.0

Ulcers pose a huge risk to diabetic patients as they often go undetected and can lead to foot/leg amputations. Our project goal was creating a textile sock integrated with pressure sensors that detect pressure points on the foot that will develop ulcers, it is to be used in podiatry and future foot health care professions.

### MIJNBLIK

MijnBlik is a toolbox especially for patients with COPD and/or heart failure. The toolbox is also intended for the relatives of patients. The toolbox is full of questions patiens can ask during a meeting with their caregiver(s). Students of Saxion and Windesheim are in the process of implenting MijnBlik, so patients and their relatives can use the tool.

We look forward to presenting our projects to you!



# The future is here

